

MARCH BREAK - MARCH 16 - 20



Calendar of Events

[Visit Parkview's Calendar>](#)

Parkview's Calendar of Events are changing often. Please check our [Parkview Calendar Website](#) for the most up to date calendar events.

MARCH

Mar 16-20: MARCH BREAK

Mar 13: Beach Spirit Day + Dance

Mar 27: Matching Spirit Day

APRIL

Apr 2: World Autism Day

Apr 3: Good Friday (No school)

Apr 6: Easter Monday (No school)

Apr 13-17: Scholastic Book Fair!

Apr 22: Earth Day

Apr 23: Super Hero/Villain Spirit Day

Apr 24: P.A. Day

Apr 29: Family Literacy Night (K to Gr.3)



Parkview Public School

1008 Oxbow Drive
Komoka, ON N0L 1R0

519-657-3868

parkview.tvdsb.ca

Parkview@tvdsb.ca

[@Parkviewpanthershsa](https://www.instagram.com/Parkviewpanthershsa)

Superintendent: B. Neilson

Principal: M. Curran

Vice-Principal: G. Garbacz

 **Thames Valley**
District School Board

PRINCIPAL'S MESSAGE

As we settle into March and begin to feel the first hints of spring, we want to take a moment to thank our Parkview school community for your continued support, kindness, and partnership. This time of year often brings a mix of excitement and busy schedules, and we're grateful for the positive energy our students and families bring to the school each day.



Parking Lot Safety

A gentle reminder that **student safety is always our top priority**. Please help us keep our drop-off and pick-up routines running smoothly by:

- Driving slowly and remaining alert in our parking lot
- Using designated crossing paths and encouraging children to do the same
- Avoiding parking in no-standing or bus zones
- Avoid idling while waiting for pick up or drop off



Your patience and cooperation keep our students and staff safe — thank you!

We had the opportunity to celebrate the hard work and positive spirit shown by our school initiatives this season! From clubs to sports, our students continue to demonstrate teamwork, perseverance, and pride. A big thank-you to the staff coaches who make these opportunities possible. We are proud of every student who participates, supports, and represents our school with Panther spirit!



As we look ahead to **March Break (March 16-20)**, we want to wish all our students and families a wonderful, restful week away from school. We hope you enjoy time together, explore something new, and return refreshed for an exciting final stretch of the school year!

Have a wonderful and restful March Break!

Ms. Curran

Parkview Principal



SAVE THE DATE: FAMILY LITERACY NIGHT - APRIL 29

Explore the World of Eric Carle



We are excited to once again welcome [Investing in Children](#) to Parkview!

On **Wednesday, April 29th from 6:00 - 7:30 PM** we will host our next **Family Literacy evening** - Exploring the World of Eric Carle. This program will be for families of K-3 students and is an interactive evening filled with fun centres based on the theme that will consist of literacy, math and STEM based activities.

PARKVIEW MONTHLY *Character* TRAITS

Each month, Parkview students will focus on building and improving specific character traits to help Parkview be an even better place to learn!

At the end of each month, each classroom will celebrate up to 2 students who exemplify the character trait of the month with a certificate, a prize, and a photo op with Ms Curran or Mr. Garbacz!

February's Character Trait was **Citizenship** and here are our monthly winners!



NEXT MONTH'S
CHARACTER TRAIT

Perseverance

MARCH 22ND - EARTH HOUR

On Saturday, March 28, it is Earth Hour. This global event, organized by the World Wide Fund for Nature (WWF), began in 2007 in Sydney, Australia, where over 2 million people participated. Today, hundreds of millions of people in more than 190 countries take part each year to raise awareness about climate change.

At **8:30 p.m. on March 28**, households and businesses around the world are encouraged to turn off lights and electronics for one hour to take action for our planet.

Here at Parkview, we'll be joining in on Friday, **March 27th**, from 12 p.m. to 1 p.m. During this time, the Green Team will ask all classes to turn off as many lights and electronics as possible to help spread awareness about climate change.

Let's all do our part to shine a light on climate action – by turning off the lights!



FROM STUDENT COUNCIL

February has flown by! Carnaval was a highlight for us as we got to show off our leadership skills. We also participated in the school wide Pyjama Spirit Day - so fun to wear our comfy clothes all day! We also took part in our shopping spree to buy many, many items with over \$4000 for the Children's Hospital with the money we raised from 4 Cs. This month we led a school-wide assembly to recognize our sports teams, and to present the gifts to the representatives from the Children's Hospital. As always, we celebrated the character trait winners for February and all the citizenship that we saw at Parkview during the past month. ***Great job, Panthers!***



GIRLS' VOLLEYBALL - AAA DIVISION BRONZE MEDALISTS!

We are proud to recognize Thames Valley's AAA Division Bronze Medalists, our outstanding Girls' Volleyball team!

The team had an exceptional season, demonstrating perseverance, and strong teamwork. They earned second place at Masonville's Triple Ball Tournament, captured first place at the Lucas Tournament, and went on to win gold at the Regional Finals to advance to Valley Finals. The players gave it their all, on and off the court, and showed resilience and determination to come back after a tough loss in the semi-finals to win the bronze medal.

We are incredibly proud of all that the team accomplished this season.

This success would not have been possible without the continued support of our school community and our amazing parents. Thank you for cheering the team on every step of the way.

Go Panthers Go!

Coaches Ms. Kim, Ms. Smith, & Ms. Mackie



Back: Ms. Mackie, Ms. Smith, Ryleigh B, Hannah E, Alina S, Elena A, Ellie T, Ms. Kim
Middle: Rachel M, Quinn V, Regan N, Harper M, Seerat S
Front: Emily D and Mel E

SCHOLASTIC BOOK FAIR - APRIL 13 - 17

Mark your calendars!

Parkview's Spring **Scholastic Book Fair** will be running from **April 13 to 17**.



BOYS' VOLLEYBALL - A TEAM THAT SHINES!

Congratulations to our **Boys Volleyball Team** on an outstanding season! Throughout the year, the team demonstrated exceptional determination, perseverance, collaboration, and school spirit. Their commitment to teamwork and their positive attitude both on and off the court made them true role models in our community.

The team had a very successful regular season, captured **gold at the Regional Finals**, and proudly advanced to the **TVDSB City Finals**! At **TVDSB City Finals** the boys placed 2nd in round robin play in the **AAA division** and were able to successfully be awarded as **Thames Valley Finalists!!** We are incredibly proud of this group of athletes who consistently showed integrity, kindness, and respect every step of the way. Well done, team! 🎉🏐

Your hard work and character truly made this season unforgettable.

Coaches: Mrs. March, Mrs. Trudgeon & Mrs. Parker



CARNAVAL!

We had an amazing Carnaval this year! It was a picture-perfect day for Parkview with sunshine and snow this year. The grade 8's did a great job organizing winter themed activities for the students in grade 4 to 7. The grade 7's were outstanding leaders for their teams, and the team members looked like they thoroughly enjoyed themselves.

A "grand merci" goes out to the Hoogenboom family who generously donated the hot chocolate, and the Home & School Association that bought all the cookies for our event.

Mme Moorhouse & M. Mitchell



PARKVIEW SCHOOL COUNCIL AND HOME & SCHOOL ASSOCIATION

Hello from your HSA and PSC! We are looking forward to the new season approaching as it means we get to start planning our two last events of the year! Our **Track and Field Concession Stand**, and our **Summer Send Off!** If you have any ideas, or would like to learn how to help us out with either (or both) of these events, join us at our next meeting, on Monday, March 2nd at 5:30 in the school library. We would love to have you!

Ongoing Fundraisers



We are happy to be able to support our **School Music Program through Flipgive!** Our school team code is **7ZDXG4**. Be sure to check it out, as it's easy to use in alignment with your everyday purchases like groceries and gas at no extra cost! Some of our instruments are getting old, and as you can imagine- they are costly to replace/repair! Thank you to everyone who is already a part of our Flipgive team and helping our music program!



Mables Labels Supports our Outdoor Education Program! They have great products for labeling your child's items such as silicone water bottle bands (a favourite of mine), medicine alert labels, and press-on clothing labels that don't fall off or fade in the wash. We love this Canadian (Hamilton, Ontario) company and are grateful for their generosity they provide us with fundraising. While purchasing, just

click "support a fundraiser," type in "Parkview Home and School Association," and you're all set!

Upcoming Meetings

As mentioned above, our next meeting will be held on March 2nd in the Parkview Library. All are welcome to meet for Parent Council starting at 5:30, and Home and School directly after at approximately 6:30. We try to wrap everything up by 7:30. Future meeting dates are:

- March 2nd
- May 4th ****HSA ELECTIONS****

Thank you again for your continued support, and remember- If you are interested in updates/reminders on school activities, programs, bus cancellations, or snow days- our Instagram page is a great place to get it all! Just search and follow [@Parkviewpanthershsa](https://www.instagram.com/Parkviewpanthershsa)

Thank you,

Camille Pallin Cartwright

Chair, Parent School Council 2025–2026

President, Parkview Home and School Association 2025–2026

cartwright.camille@outlook.com



HOT LUNCH UPDATE

BarBurrito is coming again to Parkview on **Thursday, March 26th**.

Place your orders no later than midnight on **March 19th**.

- (\$7.00) - Small Burrito with choice of chicken, beef, or veggie (optional mild salsa on the side)
- (\$2.80) - Corn chips (Gluten free) and mild salsa

Along with Dominos Pizza and Wokbox, be sure to place your Booster Juice (March 27th) orders for this month by March 19th



CRAFT-A-CHARM

Decorating your Crocs is a fun and easy way to express yourself. Join us as we make 3 unique and personal designs.

**Wed, Mar 11
at 6:30pm**

Registration required: register online or contact the Komoka Library.

*This is a FREE Super Fun Happy Hour event for youth in **grades 5-8**.*



library.middlesex.ca
find us on   

Komoka Library
1 Tunks Ln
519-657-1461

Squeegee Art

Learn how to create
your own piece of
art using just a
squeegee!!

**Wed, Mar 18
at 3:30 pm**

Registration required.



library.middlesex.ca
find us on   

Komoka Library
1 Tunks Ln
519-657-1461



BABYSITTING

basics

BECOME A CONFIDENT BABYSITTER! 1-DAY COURSE FOR YOUTH AGED 11-15

Learn about: becoming a babysitter, handling emergencies, safe play, bedtime routines, and more!



Time: 8:30am - 4:30pm

Cost: \$75.00

London Dates: Tues March 17 (March Break) or Mon April 6 (Easter Monday)

St. Thomas Dates: Thurs March 19 (March Break) or Fri April 24 (PA Day)

Woodstock Dates: Tues March 17 (March Break) or Fri April 24 (PA Day)

**VIRTUAL options also available - Sun March 15, Fri March 20 or Sun March 29
(must have working microphone and camera)**

HOME ALONE

PREPARE FOR INDEPENDENCE! 1-DAY COURSE FOR YOUTH AGED 10+

Learn about: phone calls and visitors, recognizing hazards, fire safety, calling 911 and more!



Time: 9:00am - 4:00pm

Cost: \$70

London Dates: Fri March 20 (March Break) or Fri April 24 (PA Day)

St. Thomas Dates: Mon March 16 (March Break) or Sat April 25

Woodstock Dates: Wed March 18 (March Break) or Sat April 11

To register call 519-432-1352 or visit sja.ca

**Seats fill quickly - register today!
Courses added monthly.**



St. John Ambulance

SDCI Parent Council invites you to

Raising Teens in a Screen-Heavy World

March 11th at 7:00pm

Strathroy District Collegiate Institute

Doors open at 6:30pm

Please enter through the Community Entrance at the back of the school



Speakers include:

Dr. Michelle Ponti

Paediatrician CPRI, Adjunct Professor Schulich School of Medicine, Chair of the Digital Health Task Force with the Canadian Paediatric Society

Justin Temple

Recreation Therapist - Chair of the CPRI Healthy Active Living Task Force

Katherine Lockwood

Constable - Community Services and School Resource Officer with Strathroy-Caradoc Police Service

FREE

Want to know more about how to support your child's well-being?

Free webinar series for parents and caregivers

Join us for conversations on important mental health and substance use health topics identified by parents/caregivers in Ontario.

4 webinars | Subject matter experts | Q&A

Webinar 1 – March 5: Conversations about balanced device use

Webinar 2 – April 10: Conversations about vaping

Webinar 3 – May 7: Conversations about body image

Webinar 4 – June 5: Conversations about anxiety

**Learn more and
register today!**



bit.ly/4kj5kfP



**School Mental Health
Ontario By Your Side**

Parent/caregiver resources to
support mental health learning
and well-being for every family



Executive Function Coaching

Join our Program to help develop
Executive Function skills!

Strengthen skills such as sustained attention,
response inhibition, emotional control,
organization, and goal setting.

Results will be evidenced at home and at
school.

PERSONALIZED weekly group sessions for
Primary, Junior, AND Intermediate students

Structured skill development
taught by experienced educators



Scan here or visit coretutoring.ca for more details



SUMMER CAMP 2026

Strengthen literacy and math skills

Structured literacy approach taught by experienced educators



Practice strategies to help develop grade-level math skills



Hands-on science activities, art, and outdoor physical education



Monday-Friday

9 am-4 pm



All your
Summer
tutoring needs
delivered in
one week!

1124 Gainsborough Road

Scan, or visit coretutoring.ca to register



You can help your child cope with life's challenges!

- Try asking these questions if your child is struggling with a problem:

What can you do right now to help fix the problem?

What caused this problem?

What is something good that came from this situation?

- Here are some ideas to help your child deal with stress:

- Practice deep breathing
- Go for a walk or stretch together
- Find calm through music, reading or art

Helping your child to replace negative thoughts with positive ones can better prepare them to face difficult situations

  @mlhealthunit

 BUREAU DE SANTÉ DE
MIDDLESEX-LONDON
HEALTH UNIT
www.healthunit.com

Information sources can be found on our website at: <https://www.healthunit.com/school-health-newsletter-inserts>