



Thunder Tracks Newsletter

Monday, May 25 Day 5	Tuesday, May 26 Day 6	Wednesday, May 27 Day 7	Thursday, May 28 Day 8	Friday, May 29 PA Day
Class/Group Photo Day! 	Pizza Lunch Click here to order!	Popcorn for Sale \$2.00/Bag BGC 3:30-5:30pm		



***No bikes, scooters or roller blades are allowed on the schoolyard.** If your child is riding to school they must remove their roller blades or lock up their bike or scooter before entering.

*Please click [here](#) for important information on our Drop-Off & Pick-Up Procedures, Parking and Bus information and procedures.

GROUP PHOTO DAY IS APPROACHING

May 25, 2026

Showcase Your Best Smile

- Students will be photographed at school.
- A flyer including a complimentary high-resolution digital group photo download code will be provided once your group photos have been processed.
- Our digital groups promote environmental sustainability and provide enhanced security for all students
- Love your group photo? Your group image is available to purchase online with ease!



DON'T FORGET

School photos are a Canadian tradition to capture the school year and preserve your continued growth.

GET REMINDERS

Sign up for notifications at edgeimaging.ca/photoday to get real-time updates about your photo day and stay in the know with Edge. Each group photo style is at the discretion of individual schools and dependent upon public health regulations.



1 (866) 707-3343

edgeimaging.ca

[edgeimaging](https://edgeimaging.ca)

DONATE

GRAD

23
JUNE

THANK YOU!



LOOKING FOR
GLOW STICKS

Please support our Grade 8s by making any monetary donations towards **pizza, drinks, cake, and other graduation expenses.** Please drop off in the office.

THUNDER BOLT WINNERS!

Kindergarten: Daisy Mae S-B

Primary: Amelah J.

Junior: Emmett C.

Intermediate: Alejandra BG.

You've been struck by a
Thunder Bolt of awesomeness!
Keep being a positive force!

More from East Carling!



WELCOME to KINDERGARTEN @ East Carling P.S.



Save
the
Date

What: Welcome To Kindergarten Open House

When: Wednesday, June 10

Where: East Carling P.S.
Kindergarten rooms & South Yard

Time: 4:00pm to 5:00pm

We would love for all new first year and new second year kindergarten students and their families to join us for a welcome to kindergarten open house! Parking will be available in the school lot after the last bus leaves for the day. You may also park on either Strand St. or Picadilly St. Look for the balloons at the door by the basketball nets to enter the school.

During the kindergarten open house you will:

- *meet the kindergarten educators
- *explore our kindergarten classrooms and south yard
- *receive a kindergarten information package
- *learn about programs and services within our school and community.

We are excited to welcome you to kindergarten at East Carling P.S. and look forward to meeting you at our open house :)

Your Kindergarten Educator Team



Visit our website to learn more about Kindergarten at East Carling PS.

<https://sites.google.com/go4rdsb.ca/eastcarlingkindergarten/home>

May

Perseverance

✓ Is the drive that helps you get past the hard stuff to get to what you want

✓ Sticking with something, even if it's hard

✓ Is the ability to do your best toward a goal

✓ Is the ability and self control that pushes you to work through challenges

Monthly Character Trait:

This month's character trait is Perseverance. How are you going to show perseverance this month?

This month, staff will be looking for a student who shows examples of perseverance here at East Carling. The second award will be going to a student who has shown dedication and growth in math this month!

GO THUNDER!

SETTLEMENT WORKERS IN SCHOOLS INVITES YOU TO:

Caregiver Coffee Connection



COME AND JOIN US TO LEARN ABOUT:



Report Cards



Upcoming Changes

Summer free and affordable
programs and activities



WEDNESDAY, JUNE 10TH, 2026

9:00-10:00 AM
SCHOOL LIBRARY

For more information contact:

Questyn Rodriguez
questyn@lusocentre.org
519-701-0768

Basma Aldirawi
basma@lusocentre.org
519-701-0486

Funded by: Financed par:



Presenting Partner

  Desjardins

East Carling Public School

is joining the fight to beat heart disease and stroke.

Our school is proud to be participating in Heart & Stroke's Jump Rope for Heart program!

Why it matters:

- Students get active and have fun at school on their Event Day.
- Students learn life-long healthy habits.
- Together, we raise funds to support lifesaving heart and brain research.

Jump in and make a difference!
To learn more about promotions, healthy habits and your impact visit jumpropeforheart.ca

Scan to register






© 2020 Heart and Stroke Foundation of Canada. 2020. *The heart and / icon and the Heart&Stroke wordmark are trademarks of Heart and Stroke Foundation of Canada.

Home & School Association!

May & June: <https://www.zeffy.com/en-CA/ticketing/may-and-june-pizza-lunch>

May & June

Pizza lunch



Order Now

CLICK LINK ABOVE

SAVE THE DATE

YEAR END EVENT



WHEN: June 18th | **TIME:** 5:30 PM - 7:00 PM

WHERE: East Carling Public School

Community News!

The TVDSB Student Achievement Plan is now available on the TVDSB website!

The Student Achievement Plan framework was developed by the Ontario Ministry of Education as part

of the Better Schools and Student Outcomes Act, 2023. The plan includes 5 goals and 11 indicators

that all school boards in Ontario must use to track student achievement in core academic skills,

preparation for future success, engagement, and well-being. School boards use the data to create

action plans for improving outcomes for students.

This plan is supporting students at our school through the development and implementation of our

School Improvement and Equity Plan and our Safe and Inclusive School Plan. We will continue to

provide updates to the school community related to our ongoing efforts to support student

achievement, future success, engagement, and well-being. If you have questions about these plans,

please contact the school principal or email TVDSB at: info@tvdsb.ca.

Click [here](#) to review the district plan and to learn more about the indicators and the work that TVDSB is

doing to support student achievement and well-being. We are interested in hearing from you about the

TVDSB Student Achievement Plan. Click [here](#) to access a form to share your thoughts with us.

COUGAR SPOTLIGHT

THERE'S MORE AT MONTCALM MAY 2026



Please use this QR code to share your thoughts on Montcalm's student outreach and recruitment initiatives. We would like to hear from you.





Students enjoying our Culture Day Block Party



APRIL HIGHLIGHTS:

 BOARD GAME NIGHT Students enjoyed a variety of board games after school with friends.	 LIBRARY RENOVATION BEGINS Modern, vibrant library space inspiring creativity, learning, and collaboration.
 DEBATE CLUB FORMED Formed by students to promote respectful discussions and competition.	 PING PONG TOURNAMENT Fun, competitive lunch ping pong tournament bringing students together.
 BADMINTON TVRAA Our JR and SR teams competed with the best in their region.	 JILL OF ALL TRADES CONFERENCE Select students attended a female tech showcase at Fanshawe College.
 BADMINTON WOSSAA Our athletes competed against the best to earn a spot at OWSAA.	 KIWANIS MUSIC FESTIVAL Montcalm hosted the Kiwanis Music Festival in our state of the art auditorium.
 CULTURE DAY BLOCK PARTY We celebrated our cultural diversity with food, music and fashion.	 HEALTH & WELLNESS SHSM FIELD TRIP Students travelled to Fanshawe Conservation for GPS tracking activity.

UPCOMING AT MONTCALM:

May 4-8: Mental Health week
May 7: Flag Football Tournament for gr. 8&7's
May 8: Glow in the Dark Volleyball tournament
May 12: Boys Soccer Playoffs
May 14: Grad Picnic
May 14: Coffee House
May 15: "Anime Night" and Cosplay competition
May 15-16: Montcalm Plant Sale
May 28: Montcalm "Style Wars" Fashion Show
May 28: Prom

MEET: PRAJAN RAI

Grade: 10 From: Northtree Public School

ABOUT: JR. VOLLEYBALL CAPTAIN, JR BASKETBALL CAPTAIN, VARSITY SOCCER PLAYER AND TVRAA BADMINTON GOLD MEDALIST

How do you balance both badminton and soccer at the same time?

"Balancing both badminton and boys soccer at the same time can be pretty challenging as a Grade 10 student athlete. My schedule gets really busy with practices, games, and school, but I've learned how to manage my time better. Winning gold at TVRAA and silver at WOSSAA in badminton made all the hard work feel worth it. I also make sure to communicate with both coaches so they understand my schedule and know I'm committed to both teams. It's not always easy, but staying organized helps me keep up with everything. Overall, it's a lot to handle, but it's a really rewarding experience."

What is your advice for future Gr. 9s?

"I would tell future Grade 9 students to stay organized and not be afraid to challenge themselves by trying multiple sports. Make sure you communicate with your coaches early so they understand your commitments and can support you. Most importantly, stay dedicated and enjoy the experience, because the hard work really pays off."

 montcalm@tvdsb.ca  MONTCALM SECONDARY  1350 Highbury Ave. North  519-452-2730



<https://www.pcchildrenscharity.ca/power-full-kids-at-school/>



About President's Choice Children's Charity (PCCC)

feeding hungry minds

- PCCC is Canada's largest charitable direct-to-school food program, reaching 20% of school-aged children.
- 100% of customer donations will feed kids at local schools.
- The charity's goal is to feed 1 million children at school each year.
- Their Power Full Kids™ program pairs good food with growing and cooking skills.
- This school year, the charity is feeding more than 997,000 children at nearly 2,200 schools nationwide.
- PCCC is a Canadian registered charity.
- Loblaw does not receive a tax receipt for customer donations.





CANADIAN RED CROSS TRAINING PARTNER

Babysitting Course!

WHEN: PA Day, Friday, May 29, 2026.
WHERE: Trinity Place, 570 Gainsborough Rd, London.
TIME: 9:00 a.m. to 4:00 p.m.
FEE: \$65.00 tax included
CONTACT: 519-858-0382
vantagefirstaid@rogers.com
www.vantagefirstaid.com



Learn how to take care of yourself and others - **register now for the Red Cross Babysitting Course!**



CANADIAN RED CROSS TRAINING PARTNER

Babysitting Course!

WHEN: PA Day, Friday, June 26, 2026.
WHERE: Trinity Place, 570 Gainsborough Rd, London.
TIME: 9:00 a.m. to 4:00 p.m.
FEE: \$65.00 tax included
CONTACT: 519-858-0382
vantagefirstaid@rogers.com
www.vantagefirstaid.com



Learn how to take care of yourself and others - **register now for the Red Cross Babysitting Course!**



On Friday, **May 29th** we will be offering a PA Day Camp designed to give children a fun, engaging, and safe way to spend their day while school is not in session. The day will include structured activities, active play, creative projects, and opportunities for children to connect with peers in a positive camp environment.

Please find the schedules attached to see a glimpse of the fun. To register please visit our website at [P.A. & Holiday Camps — BGC London](#)