

April Showers...



Calendar of Events

[Visit Parkview's Calendar>](#)

Parkview's Calendar of Events are changing often. Please check our [Parkview Calendar Website](#) for the most up to date calendar events.

APRIL

Apr 2: World Autism Day
Apr 3: Good Friday (No school)
Apr 6: Easter Monday (No school)
Apr 13-17: Scholastic Book Fair!
Apr 14: Parent Night BRAVE Education:
Building Emotional Regulation
Apr 20 - May 1: Women's Rural Resource
Centre Drive
Apr 22: Earth Day
Apr 23: Super Hero/Villain Spirit Day
Apr 24: P.A. Day
Apr 29: Family Literacy Night (K to Gr.3)



MAY

May 4: Star Wars Spirit Day
May 6: E.A. Appreciation Day
May 6-7: Track & Field Meet
May 10: Mother's Day
May 14: Spring Concert
May 18: Victoria Day
May 28: Disney Day
Kindergarten Open House (4-5PM)
May 29: P.A. Day



Parkview Public School

1008 Oxbow Drive
Komoka, ON N0L 1R0

519-657-3868

parkview.tvdsb.ca

Parkview@tvdsb.ca

[@Parkviewpanthershsa](https://www.instagram.com/Parkviewpanthershsa)

Superintendent: B. Neilson
Principal: M. Curran
Vice-Principal: G. Garbacz

 **Thames Valley**
District School Board

PRINCIPAL'S MESSAGE

As we welcome the month of April, we look forward to a season of growth, learning, and renewed energy across our school community. Spring brings many opportunities for students to shine, and our classrooms are buzzing with curiosity and creativity. Families who are new to our community are encouraged to **register their JK children as soon as possible**, as early registration helps us plan effectively for the upcoming school year.

We invite families to join us for a **Parent Presentation on Thursday, April 14**, focused on **Building Emotional Regulation**. This session will provide helpful strategies and resources to support parents in developing regulation strategies with their child(ren) and understanding how external stimuli may impact emotional well-being. Please remember to indicate your intent to attend by completing the Google Form that was sent via Messenger.

This month, we are also excited to celebrate literacy with another **Family Literacy Night**, featuring the theme **"The World of Eric Carle."** This engaging event will provide parents and children the opportunity to explore literacy and math centres together through interactive, hands-on activities designed especially for our youngest learners. We hope to see **JK–Grade 3 families on Wednesday, April 29, from 6:00–7:30 p.m.**

As we move into the spring months, we see more children using sidewalks and outdoor spaces. Please take time to remind your children to **watch for cars and cross at designated crosswalks**. If your child chooses to ride a bike or scooter to school, they must **wear a helmet, lock their equipment in the racks, and walk their bike or scooter while on school property**.

Thank you for your continued support as we work together to help every child learn, grow, and succeed. Wishing everyone a wonderful April!

Ms. Curran

Parkview Principal



Explore the World of Eric Carle



TRACK & FIELD - MAY 6

Track and Field Meet: Wed., May 6th (Grades 4 – 8)
(overflow/completion of events, and/or rain dates May 7, 8)
9:05 a.m. - 3:15 p.m.

The Parkview Home and School Food Booth will be selling snacks and refreshments. Sweet treats (freezies, candy and sour keys) along with Gatorade and water will be offered. All food items will be \$2 and Gatorade \$3.



PARKVIEW MONTHLY *Character* TRAITS

Each month, Parkview students will focus on building and improving specific character traits to help Parkview be an even better place to learn!

At the end of each month, each classroom will celebrate up to 2 students who exemplify the character trait of the month with a certificate, a prize, and a photo op with Ms Curran or Mr. Garbacz!

March's Character Trait was **Perseverance** and here are our monthly winners!



NEXT MONTH'S
CHARACTER TRAIT

Enthusiasm

SCHOLASTIC BOOK FAIR - APRIL 13 - 17

Parkview is hosting our **Spring Scholastic Book Fair** from **April 13 to 17th!** Students will have the opportunity to preview the fair with their classes before their shopping day to create their wish lists. If your child is in K-3 and they wish to purchase items from the fair, please send them with their wish list and highlight the items they are purchasing. This helps us to ensure they leave with the correct items.

Families are invited to our **Parent Drop-In Night** on **April 14th from 6:30 –7:30 p.m.**

If you have any questions, please reach out to your child's Homeroom teacher or to Ms. Kaiser at k.kaiser@tvdsb.ca. We hope to see you there!



BRAVE EDUCATION WORKSHOPS - FOR STUDENTS AND PARENTS

Our school is deeply committed to supporting the well-being of every student. This year, we are proud to offer Brave Education workshops, which align with our school's strategic plan, as well as the Ministry of Education's Policy/Program Memorandum 169 and PPM 144. **These workshops will help our students develop essential social-emotional skills, promoting healthier relationships and fostering positive interactions throughout our school community.**

We are excited to be able to provide this opportunity through the use of program funds and the support of our Home and School.

Student Workshops

[Bullying, Conflict, and Relationships](#): Grades 4-6

[Building Emotional Regulation](#): Grades K-3, 7 & 8

Parent Workshop: *Building Emotional Regulation* - April 14, 6:30 p.m.
(see poster on next page for more details)

Please visit the links above for detailed information about what students will be learning.

For at-home resources, please visit Brave's [resource](#) page or check out the [Brave's Parenting Podcasts](#).



BRAVE
braveeducation.com

Building Emotional Regulation



🕒 1 Hour

🔄 Breakout Conversations

👁️ Live Demonstrations

🔄 Scenario Analysis

In this workshop:

- Parents and caregivers learn how events impact their children's emotions and thoughts, and how they influence their actions.
- They discover how emotions are natural and how to help children identify them in their bodies. They gain insight into helpful and unhelpful thoughts, and how to reframe them when appropriate.
- They explore when, where, and how to have challenging conversations with their children.
- They learn what we can and cannot control, and how to take accountability for our actions using regulation strategies, including Breathe, Express, and Share.



Presented by Brave Education

Thursday, April 14
6:30 - 7:30 p.m.

**Please register using
link sent by email**

**Our workshops inspire resilience
through social and emotional skills**

Want to support your children from home?

Check out our free and purchasable resources at

braveeducation.com/parents

Investing in Children Presents
Family Literacy and Math Event
for JK to Grade 3 students and their families
Exploring the World of Eric Carle



Parkview Public School

Wednesday, April 29, 2026

6:00pm - 7:30pm



Join us for activity stations, healthy snacks and door prizes!



Thames Valley
District School Board

www.investinginchildren.on.ca

Facebook @investinginchildren Instagram & X @InvestChildren

EARTH WEEK IS COMING!

Parkview will be celebrating the 56th anniversary of Earth Day during Earth Week on **Wednesday, April 22nd** this year. During this week, we focus on how small actions can help protect our Earth.

For Earth Week this year, we are continuing to collect a variety of items for upcycling in our classroom green bins, including outer milk bags for milk mats, pop tabs to support a student in purchasing a wheelchair, batteries (with clear tape covering the terminals) to help ensure safe recycling, and used writing tools to be repurposed. These items are upcycled in different ways to reduce waste and support community initiatives.

Every small contribution makes a difference. Please send in any of the items listed above to your child's classroom green upcycle bin and help reduce waste going into our landfill.

Thank you for helping Parkview keep it green during Earth Week and beyond!

The Green Team



PARKVIEW STAFF MEMBERS CELEBRATING 25 YEARS OF TEACHING

Last month, ETFO held a special celebration for teachers who have been teaching for 25 years!! Seven of our most fabulous Parkview Staff members were honoured that evening. Congratulations to: Mr. Williamson, Mrs. March, Mrs. Parker, Mrs. Petersen, Mrs. Borg, Mrs. Schmitt-Binder, and Mrs. Perkins!! 🎉



WOMEN'S RURAL RESOURCE CENTRE DRIVE - APRIL 20 to MAY 1

Annually, Parkview organizes the student body and the community in a food and household items drive to support the **Women's Rural Resource Centre** in Strathroy. The WRRC supports women and children in Middlesex County with resources, information and crisis support 24/7.

Sadly, for some women and children, home is not the safest place to be. Each year, Parkview works diligently to help stock the pantry of the WRRC with food and household goods to support women and children in need.

Parkview Student Council will be collecting Monday, April 20th to Friday, May 1st.

The Women's Rural Resource Centre is looking for non-perishable foods, in their original packaging. They are also looking for personal care items such as soap, shampoo, toothbrushes, toothpaste, and feminine hygiene products.

NO CASH DONATIONS ARE BEING ACCEPTED & NO CLOTHING!

Our goal is to collect 4000 items!

That's about 5 items per student! With your help, we CAN make a difference!

Thank you in advance for your generosity.

Parkview Student Council



WOMEN'S RURAL
RESOURCE CENTRE



**CANADIAN
RED CROSS**
TRAINING
PARTNER

Babysitting Course!

WHEN: PA Day, Friday, April 24, 2026.
WHERE: Trinity Place, 570 Gainsborough Rd,
London.

TIME: 9:00 a.m. to 4:00 p.m.

FEE: \$65.00 tax included

CONTACT: 519-858-0382

vantagefirstaid@rogers.com

www.vantagefirstaid.com



Canadian
Red Cross
Training Partner

Learn how to take care of yourself and others -
register now for the Red Cross Babysitting Course!

GRADE 8 FUNDRAISERS

Please help support our 2026 Grade 8 Grads with the following fundraisers. All proceeds help fund our Grade 8 Graduation Celebration!

Cinnabon Fundraiser

Treat your family while supporting our grads! We are partnering with Cinnabon for a "Sweetest Fundraiser Ever"! We will be selling gift certificates only for a 9 pack of the minibons for \$19.00 (regular price in store is \$24.00)

If interested, please reach out to one of the Grade 8 students to place your order or you can email Aliciawigle1@gmail.com to place your order.

Order Deadline: **April 17, 2026** Price: **\$19.00** per gift certificate

Dominos Family Night

Who doesn't love pizza and a night where you don't have to cook?!?

April 22, 2026 from 3:00 p.m. - 9:00 p.m.

Online Code: Park

Telephone orders: Please mention *Parkview Public School*



SAVE THE DATE - SPRING CONCERT MAY 14

The Parkview Spring Concert for the band and choir will be on **May 14th, 2026 at 2:00 PM.**

Kiwanis Music Festival

This month our school bands and choir are performing in the London Kiwanis Music Festival!

Parkview Choir: April 8th at 11:45 AM at First St. Andrew's United Church in London.

Parkview Bands: April 16th at 10:30 AM (Grade 7 band) and 12:00 PM (Grade 8 band) Lester B. Pearson School for the Arts in London.

Band Trip: Grade 7 and 8 band students will have the opportunity to come and see the musical "Come From Away" at the Grand Theatre in London on May 20th, 2026 for our band year end trip. Payment for the trip will be made in two installments. The first one will be for the deposit (ticket) and the second one will be for transportation. First installment payments (ticket orders) are due April 15th and payment can be made through CashOnline.



PARKVIEW SCHOOL COUNCIL AND HOME & SCHOOL ASSOCIATION

Greetings from your HSA and PSC!

As we head into the final stretch of the school year, preparations are already underway for two of our favourite annual events: the Track and Field Concession Stand and our Summer Send-Off. These events are a great way to bring our school community together, and we're always looking for new ideas and helping hands. If you'd like to get involved, join us at our next meeting on Monday, May 4th at 5:30 p.m. in the school library.

Supporting Our School



Our **FlipGive** fundraiser continues to be an easy and effective way to give back to the school's **Music Program**. By using **team code 7ZDXG4**, you can earn contributions simply by shopping for everyday essentials like groceries and gas—at no added cost. With some instruments in need of repair or replacement, every contribution makes a difference. Thank you for your ongoing support!



We also encourage families to check out **Mabel's Labels** in support of our **Outdoor Education Program**. As winter items get put away, and spring items come out - their durable, easy-to-use labels are perfect for keeping track of everything from water bottles to clothing. To contribute, select "support a fundraiser" during checkout and search for "Parkview Home and School Association." You won't regret having these on hand!

Join the Conversation and Mark Your Calendars

- May 4th ****HSA ELECTIONS****

Our final meeting of the year will take place on **Monday, May 4th starting at 5:30** in the school library. During this meeting, we will be holding elections for the Home and School Association Council, as well as discussing plans for the upcoming year.



Topics will include special lunch options for next year and a review of proposed 2025/2026 council positions. While HSA elections will take place at this meeting, Parkview School Council elections will be held at the first meeting of the new school year in September.

Whether you'd like to share ideas, ask questions, or simply attend to stay informed, we warmly invite you to join us. We always appreciate new perspectives and welcome your input as we plan for the year ahead.

For the latest updates on school events, programs, transportation changes, and weather-related notices, follow us on Instagram at [@Parkviewpanthershsa](https://www.instagram.com/Parkviewpanthershsa)



Thank you for your continued support,

Camille Pallin Cartwright

Chair, Parent School Council 2025–2026

President, Parkview Home and School Association 2025–2026

cartwright.camille@outlook.com

HOT LUNCH UPDATE

Easter includes a holiday Monday, so **Subway will be offered on Tuesday (April 7th)**. Order through LunchBox by Sunday before noon.



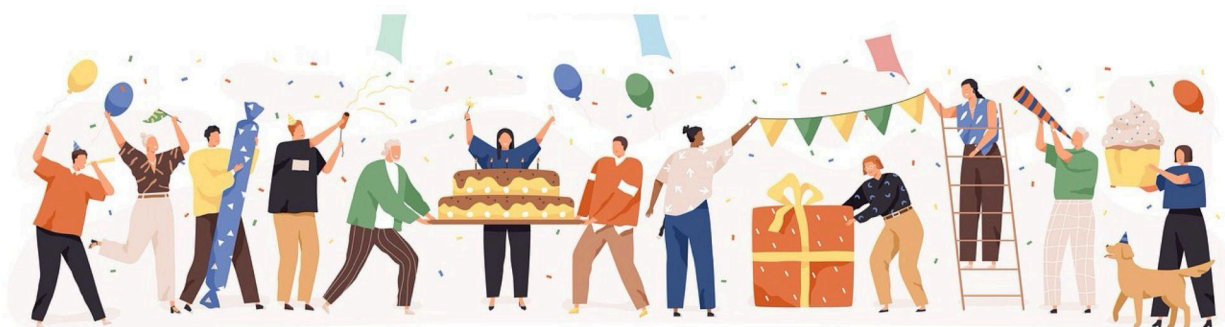
Look for Booster Juice on School Cash Online at the beginning of each month, so you don't miss out. The order deadline (always the week before) can sneak up on you, so place your orders early. This month's order deadline is April 9th for the April 17th Booster Juice.



This will be the final pasta special lunch of the year with **Barnes Family Restaurant**, coming up **Thursday, April 23rd**. That means orders must be placed by midnight on Thursday, April 16th through School Cash Online.

Barnes' Lunch Options

- Chilli and Bun \$7.75
- Penne Pasta - Tomato Sauce \$6.75
- Penne Pasta - Butter and parmesan \$6.75
- Penne Pasta - Alfredo Sauce \$6.75
- Gluten Free Pasta \$7.25



Happy Un-Birthday!

Not your birthday? PERFECT!
Come celebrate anyway—because cake.

Wed, Apr 15 at 6:30pm

Registration required. Register online or contact the Komoka Library.

This is a FREE Super Fun Happy Hour event for youth grades 5-8



library.middlesex.ca
find us on   

Komoka Library
1 Tunks Ln
519-657-1461

APRIL SHOWERS PA DAY

Make a splash this PA
day celebrating
April Showers.
Enjoy rainy day activities.
No umbrella required!

Fri, Apr 24
10am-4pm



library.middlesex.ca
find us on   

Komoka Library
1 Tunks Ln
519-657-1461



Cooking and enjoying food with others helps maintain our mental health

Help your child build confidence and self-esteem:

- Cook together
- Try new foods
- Grow your own veggies and fruit
- Eat with others
- Share food traditions

Have fun with your food,
the more hands-on the better!

  @mlhealthunit

ML BUREAU DE SANTÉ DE
MIDDLESEX-LONDON
HEALTH UNIT
www.healthunit.com

Information sources can be found on our website at: <https://www.healthunit.com/school-health-newsletter-inserts>

Komoka-Kilworth Optimist Club

2026

Bike Rodeo



**Safety on Wheels Event
Ages 0-12 years**



**SAFETY
FIRST**



FEATURING:

- Prizes (including bikes!)
- Bike Safety Training
- Bike Rodeo Course
- Hot dogs & cold drinks for participants

**WIN A
NEW
BIKE!**



SATURDAY, MAY 23
9:00 a.m. – 12:00 p.m.



Komoka Community Centre
133 Queen Street, Komoka
Note: Not the hockey arena



Food & Beverage Available
For Purchase



Non-perishable Food Donation
Appreciated (Not required)



**REGISTRATION
REQUIRED**
SCAN THE CODE



Komoka Kilworth Optimists page
KomokaKilworthOptimistClub.com

FREE

Want to know more about how to support your child's well-being?

Free webinar series for parents and caregivers

Join us for conversations on important mental health and substance use health topics identified by parents/caregivers in Ontario.

4 webinars | Subject matter experts | Q&A

Webinar 1 – March 5: Conversations about balanced device use

Webinar 2 – April 10: Conversations about vaping

Webinar 3 – May 7: Conversations about body image

Webinar 4 – June 5: Conversations about anxiety

**Learn more and
register today!**



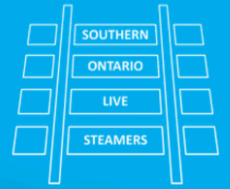
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**School Mental Health
Ontario By Your Side**

Parent/caregiver resources to
support mental health learning
and well-being for every family

COME PLAY WITH TRAINS! VOLUNTEERS WANTED!



FUN FOR ALL AGES!

YOU DON'T NEED YOUR OWN TRAIN!



**JOIN THE
SOUTHERN ONTARIO LIVE STEAMERS**

**FOLLOW US ON FACEBOOK @ SOUTHERNONTARIOLIVESTEAMERS
southernontariolivesteamers@gmail.com**