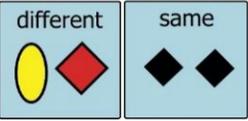


Special Education: Week at a Glance -Week #8
Learn At Home Week at a Glance March 7th-11th

Day of the Week	Life Skills	Oral Language and Literacy	Numeracy	Fine Motor	Physical Activity	Social Skills	Communication
Monday	<p>*Please continue to provide opportunities to practice the life skills previously posted in the Week at Glance. Plus try the following activities:</p> <p>Monday through to Friday:</p> <p><u>Making the bed and tidying the bedroom</u></p> <p>Making the bed in the morning and tidying a room are positive habits to have. Establishing routines is a good way to help form habits and ensure a higher likelihood that these habits will stick. Making the bed each morning is a good routine to begin the day. As parents ourselves, we recognize that sometimes our child(ren) lack motivation to keep their room tidy and make the bed. Using positive reinforcement often can help make this task less daunting. Consider using first and then language with your child (ex. "First make your bed and then you get a sticker"). Visuals are also a great way to make this task easier for our child(ren) as they help us remember things and remind us to stay on track. Whether the visual is part of a schedule or a simple image that will be easily seen, consider using one to help establish this as a part of the daily routine. Please see the images below, as possible visuals to help support this skill. Remember if your child can read, a list is a simple visual that can be used.</p>	<p>Print Hunt Send your child on a hunt to find print around your home or outdoors. They can record it on a chart or take photos with an iPhone or iPad. This activity can be played at many levels of learning:</p> <ul style="list-style-type: none"> Search for letters or beginning sounds Search for early words Higher level vocabulary Words in a theme like spring words, print in our environment like signs, opposites, homophones, compound words. You can make the theme as simple or complicated. Choose a theme of your child's interests  <p>Reading AND Spelling With Your Ears. Say It, Tap It, Spell It!</p>  <p>This week we will use your child's ability to segment or chop up the sounds in words to now print letters to spell the words. Watch the 'Say It, Tap It, Spell It' learning routine in action here. https://youtu.be/O4pb-EQuW6A. Find a copy of the activity sheet on the Speech and Language website. PA for Reading & Spelling</p> <p>Talk It Up! Bathroom One of the easiest ways to support language development is to infuse language concepts into everyday conversation. ACTIONS: wash, scrub, splash, lather, rinse, pour, drip, brush, gargle, plunge, comb, flush OPPOSITES: hot/cold, wet/dry, clean/dirty, sink/float, rough/smooth, full/empty FOLLOW DIRECTIONS: put your pyjamas on, pour the bubble bath in the tub, hang up your towel, put toothpaste on your toothbrush LABELLING: shampoo, soap, sponge, towel, suds, drain, hairdryer, plunger, mirror, shower curtain, faucet</p>	<p>(Optional) Weekly Challenge: Amusement Park Project: Using your brainstorming ideas from last week, design the layout of your amusement park including rides, washrooms, food stands, walkways, entrances, etc. to scale using a piece of grid paper.</p> <p>Extension: Measure out the area & perimeter of the park.</p> <p>Link to printable grid paper: https://www.hand2mind.com/pdf/gridpaper.pdf</p> <p>Warm-Up (using February Calendar): Using buttons, blocks, coins, etc. Have your child(ren) put an object on all of the numbers they would say if they were counting by 10's (10, 20, 30), repeat the activity counting by 5's and then 2's.</p> <p>Link to Feb calendar: February 2022</p> <p>Numeracy Challenge:</p> <p>Weekly Job Chart</p>  <p>Extension: Increase the coin value to increase difficulty or try with bills vs. coins.</p>	<p>Take a used tissue box, punch some holes in it as if it were a shoe (your child could punch the holes in if able) and have them thread either a shoe string or yarn through it. Finish it off by tying a knot.</p>  <p>Ask your child to use just the tripod fingers (thumb, index and middle fingers) to walk a ball up and down their leg.</p> 	<p>OPHEA: Active Living Movement Makes Me Happy:</p> <p>-Draw a picture of all the activities that are fun or brought you joy. -Ask an adult or older sibling to take a picture of you engaging in each activity. -How do you feel after being physically active (e.g. happy, energized, tired etc.)? -How does your body feel when you are active? -In what ways might this activity help your brain with learning?</p> <p>Extension Activity: -Move like an animal around a space you have within your home, apartment or yard (e.g., jump like a frog, hop like a rabbit, slither like a snake, fly like a bird, etc.). -Create a circuit in your home, apartment or backyard and move through the circuit in a variety of ways. -Challenge an adult or sibling to do the circuit with you. -How can you challenge yourself and be motivated to do different things with your body, like moving in creative ways?</p>  <p>Tech Tip: Reader View for iPads- if there are lines on the address bar or AA- click on it and the article that you are reading will show up-no ads</p>	<p>Theme of the Week: Playing with/Learning about Animals Skill: Making a Choice</p> <p>Offer a choice to your child of what types of animals they want to explore or research today. For example: Pets, Jungle Animals, or Sea Creatures.</p> <p>You can also offer a choice of reading about them together, labeling toy animals or live pets, or watching a video from one of the many zoos that are offering virtual tours these days.</p> <p>If your child is interested in doing more, you could then offer a choice of drawing the animal you learned about, making a PowerPoint presentation about the animal, or telling somebody else a fact they learned about the animal.</p> <p>http://kids.nationalgeographic.com/ https://kids.sandiegozoo.org/</p>  <p>Tip! Making a choice can be done using forced choice (giving your child two options to choose from, using words, pictures, or text, and asking them to "Pick one," or "Horses or Sharks?") or free operant (open-ended questions such as "What animal do you want to learn about?" and have them pick any that comes to mind.)</p>	<p>Each week we are focusing on a different vocabulary word to help build your child's communication skills.</p> <p>This week's words are "DIFFERENT" and "SAME".</p>  <p>Activity Ideas: Here are some ideas to use "DIFFERENT" and "SAME" this week:</p> <p>Routines: Have fun getting dressed! Try on things that are the "same" or "different". If you are doing laundry, talk about finding socks that are the "same" and make sure you don't match two "different" ones! This can also be time to discuss how we wear "different" clothing every day, everyone has "different" toothbrushes or we use "different" things to wash our hair, hands, or body. Maybe you want to match each other and wear the "same" colour or type of clothes!</p> <p>Books: Use "spot the difference" pages or books. You can look at photos together and point out what is "different". Here are some online examples: https://bit.ly/2X6Vlvo</p> <p>When you finish reading a short book, you can ask your child if they want to read a "different" book. Some children like to read the "same" book over and over!</p> <p>Snacks/Meals: If you have choices for food at home, you might ask your child if they want the "same" or "different" foods from other days. You can also</p>

Tuesday

Cleaning My Room

1. Make the bed



2. Pick up clothes



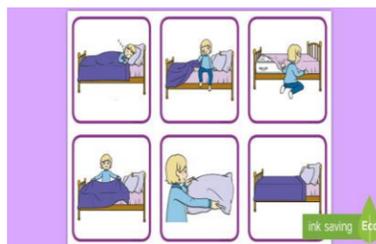
3. Pick up trash



4. Stack paper



5. Put toys away



MAKING THE BED



Take everything off of the bed



Get clean sheets



Put clean sheets on the bed



Put the comforter on the bed



Get clean pillow cases



Put clean pillows on the bed

Kahoot!

Download the Kahoot! app on a device and begin to play. Kahoot! is a game-based learning platform, used as educational technology in schools and other educational institutions. Its learning games are user-generated multiple-choice quizzes that can be accessed via a web browser or the Kahoot app. Your child can even create their own games and share with family and friends. It is easy to use and fun to play for all ages.



Reading AND Spelling With Your Ears!



More 'Say It, Tap It, Spell It'

Have fun tapping out the sounds in these words and then printing the letters to spell the words.

Level 1: at (a-t), map (m-a-p), sit (s-i-t), ten (t-e-n), hot (h-o-t); **Level 2:** dash (d-a-sh), chip (ch-i-p), moth (m-o-th); **Level 3:** spot (s-p-o-t), brag (b-r-a-g), cloud (c-l-ou-d), flag (f-l-a-g)

Warm-Up (using Feb Calendar)

Toss a small stone, button, cube, etc. onto the calendar. Have your child(ren) identify the number that the object landed on.

Extension: Have them count backwards from that number, back to one.

Link to Feb calendar: [February 2022](https://www.calendar.com/February-2022)

Read Aloud Challenge:

Listen to "How Much, How Many, How Far, How Heavy, How Long, How Tall Is 1000?" By Helen Nolan

<https://www.youtube.com/watch?v=KJZEEAimJlo>

Draw a picture of something that would represent approximately 1000.

Extension: Draw a picture of two or more items that would add up to approximately 1000.

Picking up a die with the thumb and index finger is great fine motor practice. Have some fun with your child playing a dice game. Here is a website for you to get some different ideas.

<https://icebreakerideas.com/dice-games/>



Using a spray bottle and paper towel or cloth wash a window or mirror. You can also play outside with water in a spray bottle, spray the deck, driveway or sidewalk to make a design.



Bean Bag Bullseye

Note: you can substitute bean bags for a stuffy, soft balls, dice, etc

With the warmer weather coming our way, let's get outside and have some fun!

Once you've found an open space in your neighbourhood, like your driveway or the sidewalk, it's time for a game of bean bag bullseye

First, draw a target on the floor with some coloured chalk. Make sure to draw a series of concentric circles, so that the target has different scoring zones.

-Once you've gathered a team, take turns with your family to try and hit the targets

-Throw the bean bags at the target — aim for the middle to get more points.

- Consider changing the distances you start from, or your throwing technique for an extra challenge?

-Don't forget to keep a running total of your scores.



Tech Tip:

After May 6, 2020-The Control Centre is found in the top right hand corner, swipe down from there.

Skill: Joint Attention

When your child is looking out the window, point to birds flying by and encourage them to point to them as well. Share in their reaction.

While outside for a walk have your child look for different animals. Point out or comment on what they are noticing. For example: "I see a squirrel in the tree, what's it doing? Do you see the cat laying in the window? I think it's sleeping."

Tip!

Try to follow your child's lead by focusing first on what they are attending to, before trying to shift their focus to what you see. Example: while walking they look in the direction of a dog: "You see a dog! It has spots. Look over there, I see a squirrel. It is brown and has 4 legs."

You can also use activities such as scavenger hunts to structure shared time and encourage the skills listed above.

If your child is older they might enjoy bringing a phone or a camera along for the walk so you can snap some pictures together of animals you see along the way. This could spark potential interest for further research into animals they may have spotted and want to learn more about.

Skill: Turn-Taking

Lay out different animals (you

comment on the foods you are both eating. Are they the "same" or "different"? Did you eat something "different" for breakfast or lunch?

Outside: Have fun with "different" kinds of moving! Take turns using different physical activities (e.g. jumping, spinning) or acting like different kinds of animals. You can choose to do the "same" as your partner, or something "different" when it is your turn. Or one person could be the director and communicate "same" or "different" after a specific period of time - you can continue or switch what you are acting out.

Games and Play: There are many opportunities to use the words "different" and "same" when you play with toys and games. For example, dress a doll or a paper doll, trying on lots of "different" outfits. Ask your child if your doll should wear something "different" or if you want to copy each other and have the "same" outfit. Use Play-Doh to make "different" or the "same" shapes. Squish your creations and make more "different" ones. Memory and Go Fish Games are great for saying if the cards are the "same" or "different".

Partner Strategy: Try this strategy to support your child's communication:

Making Comments/ Self-Talk: (time to revisit modelling)

Use self-talk as you model on your child's device. "Self-talk"

Wednesday

Vocabulary Builder:

Build your child’s vocabulary around specific topics by playing “Guess the Topic.” In this game you and your child take turns coming up with a list of 3-5 words that are related to a single topic. Take turns reading your list of words and see if the other person can guess the topic. (Hint: have some extra words ready in case they need more clues). You can make this as easy or challenging as you want depending on your child’s skill level.

Examples:

- bat, diamond, homerun (**baseball**)
- buzz, sting, pollinate (**bee**)
- erupt, lava, smoke, dormant (**volcano**)



Reading AND Spelling With Your Ears! Say It, Tap It, Spell It with Post It Notes!

1. Have your child repeat one of the words below.
2. Tap each sound in the word on a separate Post It note (or little piece of paper).
3. Print the letter or letters for each sound to spell the word.

Level 1: up (u-p), sad (s-a-d), fit (f-i-t), mop (m-o-p), pen (p-e-n); **Level 2:** dish (d-i-sh), path (p-a-th), shut (sh-u-t), with (w-i-th); **Level 3:** spit (s-p-i-t), grip (g-r-i-p), broom (b-r-oo-m), truck (t-r-ck)

Talk It Up! ‘Appy Wednesday



Let’s Name Things Fun Deck (Free) Compatible with: iPhone, iPad

An app that builds vocabulary, reasoning and categorization skills. Take turns selecting a card and naming as many items within a given category as you can think of (e.g., Name things you would take on a trip).

Warm-Up (using Feb calendar): Have your child(ren) place a button, coin, etc. on all of the even numbers on the calendar (even numbers can be divided evenly by 2. Example: 2, 4, 6).

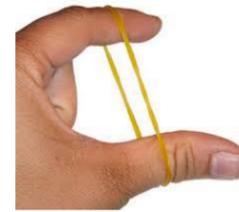
Link to Feb calendar: [February 2022](https://www.instructables.com/February-2022/)

Measurement Challenge: One of these glasses is tall and skinny. The other is short and fat.

Which of these two glasses would you choose if you wanted the one that holds the most liquid? Discuss your results.



Extension: Use three or more glasses to determine which holds the most liquid.



Here is a more challenging, yet potentially memorable activity you could do with your child (an older teen will love it). Make some popsicle stick weaves and watch them fly apart. Follow the link below for a step-by-step guide.

<https://www.instructables.com/id/Cobra-Weave-Exploding-Stick-Bomb/>



Spin a pen or pencil on a tabletop using the index finger and thumb, trying spinning it the other way, now try with the other hand.

Tic Tac Toe Toss (can be done outside or inside)

-Create a tic tac toe board with tape or chalk on the ground. Place a mark 5 feet behind the board and encourage kids to use an underhand toss with a beanbag, stuffy, rock, etc to try to hit a spot on the board. If you miss, you have to wait until your next turn to try again. The first to get 3 in wins.



Tech Tip:

could use plastic toys, stuffed animals, or pictures of animals) and take turns picking one up and making the corresponding animal sound or, stating a fact about that specific animal.

Play “I’m thinking of” using animals as the category. Example: “I’m thinking of an animal that lives in the ocean and is black and white.” Take turns describing different animals and guessing what the other person is describing. If you have pictures, or small toy animals, you could put them in a box while describing them and pull them out when they guess the correct animal (or use the objects or pictures of the animals to help give your child prompts or hints).

Skill: Communication

Use animals as a base for expanding conversation on a specific topic.

Comment on, or ask your child, Feature/Function/Class questions related to the animals you see. For example: “These animals all have 2 legs”, “These animals all live in the water,” or “These animals all eat meat”.

If your child is older and interested in public speaking/presenting, you could have them put together a simple poster, PowerPoint presentation or brief speech related to the animals or groups of animals discussed. They can then present their work to the entire family!

Skill: Leaving An Activity

If playing with toy animals, have

means commenting on what you are doing - whether it is during routines, when you are playing together or when you are watching a movie or TV show. Make statements using core vocabulary words (e.g. “I like this cookie”, “I found the same picture”, or “Look at that car going so fast!”) and model them on your child’s communication system. This shows them different times or situations when they can use the word, as well as where it is located. If your child has a higher tech device, you can also self-talk or “think aloud” as you explore folders you are opening, helping your child navigate to find certain words. The idea is to model often without expecting your child to respond!

For more information and examples explore the following:

Explanation of Strategy: <https://youtu.be/mXj1Btf0qFw>

<https://bit.ly/2M7eigW>

<https://bit.ly/3gweleL>

Video Examples using the words “different” and “same”:

Songs: Little People Songs: Different is Good:

<https://youtu.be/Aiqj94FgHIA>

KidsTV123 The Same or Different Game 1:

<https://youtu.be/Gng5a5FCszc>

Ideas:

Wingsworks: Same and Different

<https://youtu.be/AL5X0dXsBH0>

Sesame Street – Same and Different:

Thursday

Listen to Reading:

Click on the link below to listen to author Dennis Mathew read aloud his book **Bello the Cello!**

[Read Out Loud BELLO THE CELLO](#)

Extension Activities:

Discuss with your child how Bello felt when he finally found his song.

Discuss with your child what makes them special and unique.

Have your child make a list of all the things they CAN do. Use the sentence stem, I can ...

Have your child draw a picture and write a sentence about their own special talent (what they CAN do) using the sentence stem: My special talent is If they are stuck, point out some special things that they do (e.g., playing basketball, being a good sibling, making others smile, etc.)

Reading AND Spelling With Your Ears

Say It, Chop It, Spell It with Chalk. Today we will use rocks and chalk outside to practice the literacy skill of sound segmenting and spelling words. Select a word from the list below. Have your child repeat the word, chop up the sounds with the rocks, and then use chalk to spell the words.

Level 1: sat (s-a-t), tap (t-a-p), dog (d-o-g), let (l-e-t), bug (b-u-g); **Level 2:** shop (sh-o-p), bath (b-a-th), chat (ch-a-t), shin (sh-i-n); **Level 3:** list (l-i-s-t), spoon (s-p-oo-n), jump (j-u-m-p), snip (s-n-i-p)

Warm-Up (using January calendar): Have your child(ren) count how many days are left in January. Repeat activity daily if you would like.

Link to January calendar: [January 2022](#)

Patterning Challenge:

A pattern could start at 7 and increase by 5 each term. What are the next three numbers?



Extension: A pattern could start at 7 and increase by 13 (or a number of your child(ren)'s choice). What would the next three numbers be?

Here is a fun activity for those golfing families. Take some foam or sponge and line up some golf tees. Have your child place marbles, dried beans, or other small items on top of each tee.



Rock, Paper, Scissors Game: The rules are – Rock smashes Scissors – Scissors Cut Paper – Paper covers Rock. On the count of three, you put out your hand as a rock (fist), scissors (two fingers open) or paper (hand flat) and then determine a winner. It can be one and done or best out of 3 trials.



Dino Stomp

Follow the video to learn the Dino Stomp. Have fun!

<https://www.youtube.com/watch?v=lmhi98dHa5w>

Banana Banana Meatball

Patterns are everywhere. Dance and sing with Blazer Fresh!

<https://www.youtube.com/watch?v=BQ9q4U2P3ig>



Want to set time limits for screen time? Go to settings>  Screen Time to set time limits for specific apps.

your child participate in cleaning them up by placing them into a container. If talking about animals you see while walking, have them wave goodbye as you walk by.

<https://youtu.be/uATf5EhLebM>
Ideas for Different: <https://www.coreworkshop.org/worlds/different/en>

For more specific information for your child, contact your child's Speech Language Pathologist (ask your teacher if you need help).

You can also visit our website:

bit.ly/TVDSE_SLP
(ideas are under the heading "Complex Communication")

Or follow us on Instagram: [@tvdsb.slp](https://www.instagram.com/tvdsb.slp)

Most of all, just spending time interacting and talking with your child will help to build their communication skills!

Friday

Would You Rather?:

Cut out strips of paper and have your child write **Would You Rather** questions on them (if writing is challenging you can scribe the sentences for them). Fold the paper strips in half and place them in a bowl. Take turns pulling out a would you rather question and reading it out loud to your family. Have fun listening to how each person in your family answers the questions. Here are some ideas to get you started:

- Would you rather live in a tree house or a cave?
- Would you rather be able to fly or be invisible?
- Would you rather never be allowed to eat meat or never allowed to eat vegetables?
- Would you rather be a famous painter or a brilliant mathematician?

Remember to have fun and be creative!!



Reading AND Spelling With Your Ears

Say It, Jump It, Spell It with Hula Hoops. Today we will use hula hoops (or circles drawn on

the pavement) and chalk to practice the literacy skill of sound segmenting and spelling words. Select a word from the list below. Have your child repeat the word, jump in a hula hoop for each sound in the word, then use the chalk to spell the words.

Level 1: pat (p-a-t), sap (s-a-p), top (t-o-p), get (g-e-t), tub (t-u-b); **Level 2:** fish (f-i-sh), chop (ch-o-p), shed (sh-e-d), both (b-o-th); **Level 3:** slip (s-l-i-p), lamp (l-a-m-p), stick (s-t-i-ck), frog (f-r-o-g)

Talk It Up! Vocabulary: Our Neighbour's Cat



Each person takes a turn adding a new word to describe 'the neighbour's cat' using a describing word/adjective. Keep going until someone has a hard time thinking of a new word to add or remembering the list of words. If your child gets stuck coming up with a describing word, use one of these prompts to give them an idea (e.g.

Fun Friday (Coding):

Explore one of these coding websites with your child(ren):

Hour of code:

<https://hourofcode.com/ca>

Erase all kittens:

<https://eraseallkittens.com/>

Tynker:

<https://www.tynker.com/>

Scratch Studio:

<https://scratch.mit.edu/studios/894964/>

Marshmallows and toothpicks building activity. Connect toothpicks with marshmallows to create a structure.



Writing and drawing using different writing tools, markers, crayons, paint, pencil, pen.



Yoga Break - Growth Mindset

Participate in a growth mindset yoga class! Focus on balancing skills through fun postures like Pirate Pose, and learn how to keep trying, even when it's hard.

https://youtu.be/urX6QtM_1RQ



Tech Tip:

Set a timer on the iPad to help

monitor activities! Select



and touch the timer icon to set.

		<p>What does it do?, What size, shape, or color is it?, What parts does it have?, Where do you find it?).</p> <p>My neighbour's cat is playful. My neighbour's cat is playful and has stripes. My neighbour's cat is playful, has stripes, and feels soft.</p>					
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