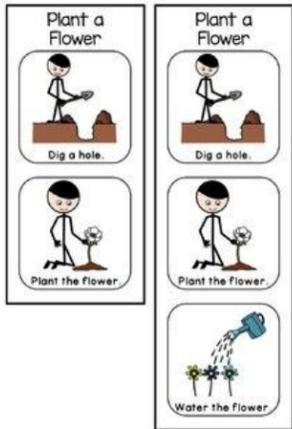
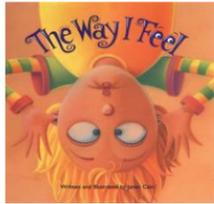
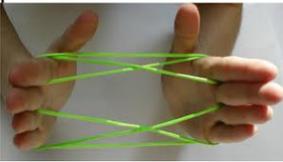
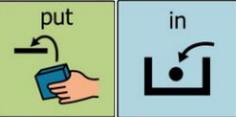
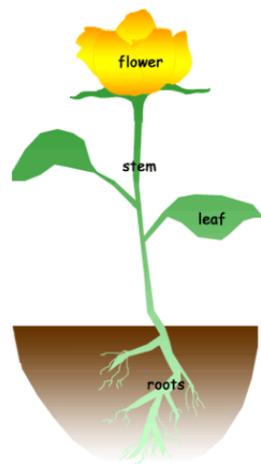


Day of the Week	Life Skills	Oral Language and Literacy	Numeracy	Fine Motor	Physical Activity	Social Skills	Communication
<p>Monday</p>	<p>*Please continue to provide opportunities to practice the life skills previously posted in the Week at a Glance. Plus try the following activities:</p> <p>Monday through to Friday:</p> <p>It's Spring! Let's look at plants and how to plant our own seeds! We can plant our own seeds inside and watch them grow. When the weather changes, we can move the plants outside.</p> <p>Extensions Ideas: Teach your child about how plants grow, the different parts of a flower, the four seasons, etc.</p> <p>How to Plant a Seed https://www.youtube.com/watch?v=EsODAlsY4NM</p> 	<p>Retelling Glove Materials: Glove and Markers</p>  <p>Instructions: Draw or write the following of each finger of the glove: Thumb: Stick person or face Index Finger: Tree, house or clock Middle Finger: Question mark, sad face, or lock Ring Finger: 1, 2, 3 or ladder Pinkie Finger: Happy face, exclamation point or key Palm of the hand: Heart or light bulb</p> <p>Read a story together. Then put the glove on your hand and have the child retell the story according to the pictures on each finger. Thumb: Who were the characters in the story? Index Finger: When and where did the story take place? Middle Finger: What is the problem in the story? Ring Finger: What events happened in the story; what happened first, second, etc.? Pinkie Finger: How was the problem fixed; what is the end of the story? Palm of the hand: Theme: what is the message the author wanted to send?</p> <p>Reading With Your Ears Word Awareness Review</p> <p>STACK IT UP! Grab some blocks, books or towels and have your child stack one item on top of the other for every word they hear in a sentence! (Summer is here.(3), The sun is shining.(4), Let's go for a walk. (5), I like my bike. (4).). Visit the TVDSB SLP Word Awareness webpage for even more fun activities. Word Awareness + Vocabulary</p> <p>Talk It Up! Vocabulary</p>  <p>Sing songs, play games, and read stories with emotional vocabulary. Visit our Emotional Vocabulary webpage for more fun ideas to develop a child's understanding and use of feeling words. Emotional Vocabulary & Regulation</p>	<p>(Optional) Weekly Challenge: Create your dream backyard. Create a sketch/drawing of your backyard to scale using your list of items for your dream backyard from last week. Include the area and perimeter of your backyard. Did you miss anything? Add any extras if backyard space allows you to.</p> <p>Warm-up: Which One Doesn't Belong? Have a conversation with your child(ren) about the image below and ask which one doesn't belong? Ask your child(ren) to explain their reasoning about which shape they chose. (Eg. The bottom right only has two puppies, the top right has someone holding the puppies, etc.)</p>  <p>Geometry Challenge: Work on a puzzle with your child(ren).</p> <p>Online Puzzles</p> <p>Click on the three lines in the top left corner to modify the number of puzzle pieces.</p>	<p>Follow this link to learn how to play "Cat's Cradle." It involves using your hands and fingers to manipulate a loop of string into different shapes and forms. When played as a game with two people, they take turns using their fingers to manipulate the string resulting in different patterns.</p>  <p>Folding, matching socks, hanging up damp clothing with clothespins – all great ways to practice fine motor skills in a functional (and super helpful) way!</p>	<p>Bottle Flip Fever</p> <p>Materials: half filled water bottle</p> <p>How to Play: Perform 3 jumping jacks and then flip the water bottle 2 times. Count the number of flips that you can land in 60 seconds. Repeat and try to beat your score!</p> <p>https://youtu.be/3yI9xUrA0nM</p>	<p>Theme: Outings Resume</p> <p>Skill: Making a Choice</p> <p>Tip! Offering some choice within a mandatory activity or instruction allows your child to feel in control of at least a small part of it which can help improve cooperation with the task!</p>	<p>Each week we are focusing on a different vocabulary word to help build your child's communication skills.</p> <p>This week's words are "PUT" and "IN".</p>  <p>Activity Ideas: Here are some ideas to use "PUT" and "IN" this week:</p> <p>Routines: Think about "put" and "in" when cleaning or tidying. You can "put" the dishes "in" the sink, "put" your toys "in" their boxes, or "put" the clothes "in" the drawers. You also "put" toothpaste on your toothbrush, get "in" bed or "put" on clothes and shoes. Your child can participate at mealtimes by helping you "put" juice "in" the cup or "put" cereal "in" the bowl. While preparing for school or special outings, your child can help pack a lunch or snack by "putting" items in the lunchbox.</p> <p>Books: After you read a book, you can talk together about who can "put" it away, or where you need to "put" it (on a shelf? "in" a basket? "in" the bedroom?). Have fun with books in a different way – see who can "put" a book on their head the longest!. Hide your child's favourite book and look "in" different places to find it.</p> <p>Snacks/Meals: When preparing food together, you can "put" different ingredients "in" a pot, pan, or bowl. If your child is helping you clean up the kitchen they can "put" things away "in" the cupboard or "in" the fridge. You can also give instructions to help your child find their own snacks (e.g. "The crackers are "in" the cupboard."; "The milk is "in" the fridge").</p> <p>Outside: When you are outside with your child, talk about being "in" the</p>



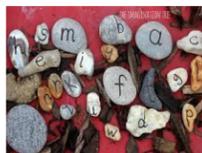
sandbox, the wagon, or the car. Planting is a good time to talk about “putting” seeds “in” the ground. While playing sports together, see if you can score a goal “in” a soccer net or shoot a ball “in” the hoop. Remember to “put” your toys and bikes away!

Games and Play: During dress up and pretend play model the words “put it on,” while putting on funny wigs, glasses or clothing. Some children may enjoy “putting” stickers, stamps or Play-Doh on different

Tuesday

Outdoor Literacy

Take a nature walk and gather some stones. Any size will do. On each of the rocks print a letter. Print extra vowels and common letters used like l and t. You can now...



- Play games to identify the letters by name or sound
- Make your name or family names
- Make words
- For secondary students create a positive message, photograph and then share

Reading With Your Ears Syllable Blending Review

BLEND THE DAYS. Say the days of the week but pause between syllables to have your child guess the day you are saying. (e.g. For "Tuesday" say "Tues" (pause) "day"; your child will guess: Tuesday). What day is it? Fri-day Mon-day Thurs-.day Sa-tur-day. Visit the TVDSB SLP webpage for more on the move syllable awareness activities. [Syllable Blending + Segmenting](#)



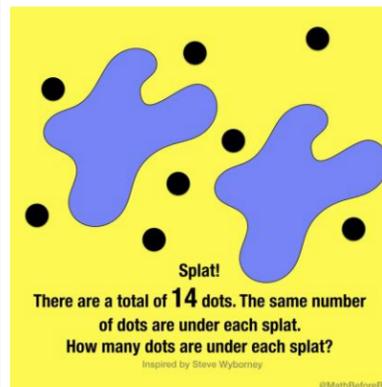
Talk It Up! Speaking & Listening

Language is all around us. Visit our site for a variety of ideas to support your child's language learning in everyday situations. <https://sites.google.com/gotvdsb.ca/tvdsbspeechlanguageservices/oral-language>

Warm-up: Which One Doesn't Belong? Have a conversation with your child(ren) about the image below and ask which one doesn't belong? Ask your child(ren) to explain their reasoning about which shape they chose. (Eg. One has no people, etc.)



Number Talk: Have a conversation with your child(ren) about the problem below.



Put a collection of various containers and their lids into a bin and have your child match lids and put them on tight. It's the perfect activity for hand strengthening, bilateral coordination, and fine motor manipulation.



It's always nice to build a puzzle to work on fine motor skills.



Freeze Dance Yoga Style

It's the game where children get to let loose, shake, twist, turn, and dance to their favorite tunes and then without any notice, they have to stop their body or freeze when the music stops. There is something about anxiously waiting for the music to stop that brings excitement and laughter to children.

How to play: You can do freeze dance yoga-style. Simply play a favorite song and have the children dance around. When the music stops, shout out the name of a yoga pose and the students will then have to freeze in that pose.

Be mindful that if you do a pose that is one-sided, you must have them repeat the pose on the other side. It's fun to see which moves faster, their minds or their bodies, as they think and try to jump into the pose.

ANIMAL YOGA



Skill: Joint Attention

Talk about different places you see either in your home, on TV, or in pictures. Comment on what they are doing or where you think they might be going..

things or "putting" animals "in" a barn, or items "in" a doll house. Model "put" and "in" during games, such as Twister ("Put" your hand on red), Pop-Up Pirate ("Put" your sword "in" the barrel) and doing the Hokey Pokey!

Partner Strategy: Try this strategy to support your child's communication:

Use Core Words in Any Activity!

We invite you to keep modelling core vocabulary words. The words we have been targeting over the past several weeks can be used in many different activities, and as you start to become more familiar with them, try to model multiple words throughout your day.

On the website, there are video examples and visuals to describe AAC, and then additional information on how to target Core Vocabulary. Check out the "Word Based" section for a review of all of the words we have learned so far, but also check out the "Activity Based" section to see how core vocabulary can be used in action!

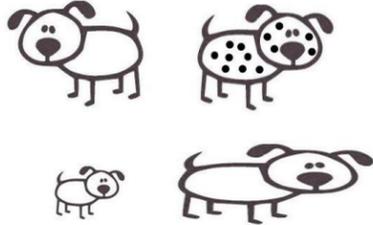
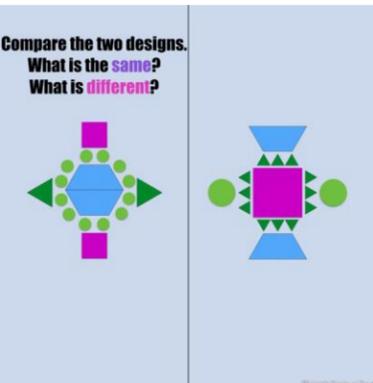
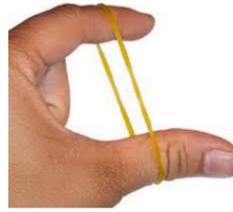
Here are some examples of "Activity Based" ideas from the SLP website:

Music: <https://youtu.be/KX1xOCJgNEU>
Laundry: <https://youtu.be/mx5Vyekk1DE>
Bubbles: <https://youtu.be/VWERHXEqmpl>
Playing Outside and Walking Your Dog: <https://youtu.be/5hS6Wrv9dao>

Video Examples using the words "put" and "in":

Books:
Runkle SLP, "Paint a Picture": <https://youtu.be/NiitDGo7rNM>
What Did You Put In Your Pocket?: https://youtu.be/QcDR_Boc-4Q
Open the Barn Door: <https://youtu.be/DGtQs2TlLY>
The Cows are in the Corn: <https://youtu.be/ZhhA8Ind4BE>

Songs:
Super Simple Songs - Put On Your

<p>Wednesday</p>		<p>Reading With Your Ears Syllable Segmenting Review </p> <p>CLAP THE WORDS! Clap out the beats (syllables) you hear in these words! (e.g. dinosaur > di - no - saur), su-mmer, straw-be-rry, bu-tter-fly, Ca-na-da, pic-nic. Visit the TVDSB SLP website for more syllable segmenting activities. Syllable Blending + Segmenting</p> <p>Talk It Up! Story Skills at Home</p> <p>STORYTELLING</p>  <p>As you spend time with your child throughout the day, you are providing them with opportunities to practice their storytelling and showing them how stories and experiences can be shared successfully. Click the link for some story telling ideas. https://sites.google.com/gotvdsb.ca/tvdsbspeechlanguageservices/early-literacy/story-skills</p>	<p>Warm-up: Which One Doesn't Belong? Have a conversation with your child(ren) about the image below and ask which one doesn't belong? Ask your child(ren) to explain their reasoning about which shape they chose. (Eg. One dog is facing the opposite direction, one has spots, etc.)</p>  <p>Geometry Challenge: Talk about the image below with your child(ren). Use the prompts to help guide the conversation.</p>  <p>Compare the two designs. What is the same? What is different?</p>	 <p>Make some friendship bracelets. Use this link for some friendship bracelet ideas</p> <p>Friendship Bracelet</p>  <p>Using kitchen utensils like butter knives, forks and even toothpicks are a great way to practice fine motor skills. Add in some peanut butter or cream cheese for extra resistance.</p>	<p>Lesson: Happy Feet</p> <p>View this video from the OPHEA website for a lesson called Happy Feet. https://youtu.be/g_JTbKCLlio</p> 	<p>Skill: Turn Taking</p> <p>Role-playing activities, such as pretending to make a purchase at a grocery store or ice cream parlour. Taking turns being the employee and the customer allows your child the chance to wear a mask and practice turn-taking.</p> <p>Tip!</p> <p>Incorporate other members of the household into your role-play.</p>	<p>Shoes: https://youtu.be/-jBfb33_KHU Speech and Language Songs "Put": https://youtu.be/7whhpQaZJxc Hawaiian Hokey Pokey: https://youtu.be/C3qmVzyTOko Sollyinfusion Sight Word In: https://youtu.be/um4to5mCyZE</p> <p>Ideas: Wingsworks: Put https://youtu.be/nmZV5IEqwZo KJ Speech Word of the Week "Put": https://youtu.be/FPGrYoNc6C0 Explore AAC (In and Out): https://youtu.be/rXKU9GTbGSo I am Boundless (start at 1:04): https://youtu.be/l3bSTtDP8cA</p> <p>For more specific information for your child, contact your child's Speech Language Pathologist (ask your teacher if you need help).</p> <p>You can also visit our website: bit.ly/TVDSB_SLP (ideas are under the heading "Complex Communication")</p> <p>Or follow us on Instagram: @tvdsb.slp</p> <p>Most of all, just spending time interacting and talking with your child will help to build their communication skills!</p>
<p>Thursday</p>		<p>Reading With Your Ears First Sound Identification Review </p> <p>COLOURFUL SOUNDS. Pick five colours and have your child tell you the beginning sound of each colour! (e.g. beginning sound in "pink" is /p/). Make sure they say the sound the letter makes, not the letter name!). Pink, red, blue, green, orange, turquoise, purple, grey, black, white. More sound identification activities can be found on the TVDSB SLP webpage. Identifying Beginning + Ending Sounds</p>	<p>Warm-up: Which One Doesn't Belong? Have a conversation with your child(ren) about the image below and ask which one doesn't belong? Ask your child(ren) to explain their reasoning about which shape they chose. (Eg. the brownie isn't round, the basketball isn't edible,, etc.)</p>	<p>Magic tricks are always fun for children of all ages. Click here to view some magic tricks. Magic Tricks</p> <p>If that doesn't catch their interest then try some card tricks. Card Trick</p>	<p>Bag Toss Challenge</p> <p>How to play</p> <ul style="list-style-type: none"> • Each player has a grocery bag • Players stand six feet apart • Toss bags into the air • Players run to catch the other's bag • If both catch the bag, move back two steps • Repeat until one bag hits the ground <p>https://www.youtube.com/</p>	<p>Skill: Communication</p> <p>If your child is verbal, practice asking them to repeat themselves once they have made a request wearing a mask ("Excuse me", "Can you say that again, please?", "Sorry, what was that?") as this may be something they encounter more frequently in the community. Alternatively, practice having them ask you to repeat yourself when seeking information by purposefully using a quieter tone of voice and promoting them to say "Please say that again".</p>	



Talk It Up! Questions, Vocabulary & Social Language.

1. Describe what is happening in this picture.
2. Where do you think this girl is?
3. Who do you think blew the bubbles?
4. How do you think the girl feels?
5. What could happen next?



Lego Challenge: Discuss the image with your child(ren). If you have LEGO at home, ask your child(ren) to build the first three towers shown below and then build the fourth one.



[watch?v=w14u-W501q8&feature=youtu.be](https://www.youtube.com/watch?v=w14u-W501q8&feature=youtu.be)



Since this is likely a new skill for them, ensure you provide lots of praise when your child either repeats themselves or asks someone else to repeat themselves during your outing.

Friday

Kindness Postcards

Materials needed:

stock, scissors, glue, drawing utensils, address of family/friends



card stick,

Instructions:

1. Divide the cardstock into four equal sections. Let your child cut along the lines to create four pieces/postcards. This is helpful for working on fine motor skills.
2. On one side of the postcard, decorate directly on the card or glue a previously made piece of art onto the cardstock.
3. On the back side of the postcard draw a vertical line to divide it in half.
4. Record the name and address onto the right side of the postcard.
5. On the left side of the postcard, have your child write a short message such as "Have a great day!" I wrote the text and had my reluctant writer trace over the letters.

Fun Friday (Coding): Explore one of these coding websites with your child(ren):

- Erase all kittens:
<https://eraseallkittens.com/>
 Tynker:
<https://www.tynker.com/>
 Scratch Studio:
<https://scratch.mit.edu/studios/894964/>

Extra Resources:
 Provided are some additional online resources you can access for extra numeracy practice.

- wodb.ca
[Math Before Bed daily prompts](https://www.knowledgehook.com/)
<https://www.knowledgehook.com/>
<https://pbskids.org/>

Using a basic kids' bean bag, position the fingers under the beanbag. Keeping the bean bag level, slowly rotate the bean bag 360 degrees, using the fingers and thumb to manipulate it.



Art for Kids Hub is a nice way to finish off the week.
[Art for Kids Hub](https://www.artforkidshub.com/)

Summer Dance Party

Celebrate another great school year and dance along with Jack Hartman!

<https://youtu.be/DVE6m9NaReU>

It's summer vacation! Have fun dancing to the song "Summer".

<https://youtu.be/a1kN4HYpEko>
<https://youtu.be/DVE6m9NaReU>

CELEBRATION TIME!
 Join in and celebrate the end of another school year.

<https://www.youtube.com/watch?v=GWsX5IA82Ag>

Skill: Leaving an activity

It may be helpful to have a consistent end of outing routine to signify that your child can now remove their mask. This could include a specific carrying case you show them or a basket in the car that they place the mask into at the end of each outing. Remember to reinforce your child for wearing the mask for the duration of the outing, but you can also intermittently praise them throughout ("Your mask looks great!" or "Nice keeping your mask on this morning!")

If your child is trying to remove their mask before the end of the outing, provide them with an appropriate way to request removal (language, sign, picture) and honour that request when possible by bringing the mask to the designated drop off

		<p>6. Hand deliver or mail your postcards by placing a stamp in the top right corner and take a trip to the post box or post office to mail your cards or hand deliver them.</p> <p>Enjoy the idea of knowing that you will be brightening someone's day.</p> <p>Reading With Your Ears Sound Blending Review</p> <p>SLOW MOTION. Say an action word in slow motion, pausing between sounds in the word. Have your child guess the word, then do the action! (Eg. for "jump", you say j-u-m-p, pausing between each sound. Your child blends the sounds to guess the words and then proceeds to do the action- jump!). H-o-p, s-k-i-p, c-l-a-p, f-l-y, c-r-aw-l, b-l-i-n-k, w-i-n-k. Keep squishing sounds together this summer with more ideas on our webpage. Blending Sounds</p>				<p>location and ending the activity/leaving. You can always resume at a later time, but for now it will be important to help build tolerance to wearing the mask for longer durations</p> <p>Tip!</p> <p>Initial outings that involve wearing a mask should be kept brief wherever possible and it may be helpful to build in outings where you can control the end time based on their tolerance (such as a walk in a park or an outing to get dessert) as opposed to just appointment waiting rooms where you may have less control of the time frame. You may wish to use a timer or other visual and gradually increase the length of the outing each time you practice.</p>	
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